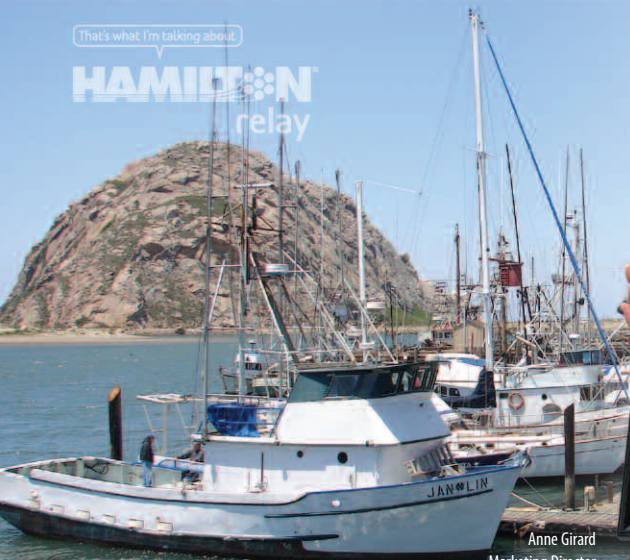


That's what I'm talking about

HAMILTON
relay



Anne Girard
Marketing Director
Hometown: Morro Bay, CA



"A good breakfast is an important start to the day ~ especially when sailing on the Pacific Ocean!"

That's what I'm talking about



Grandma's Oven-baked Pancakes

Ingredients:

3 eggs

1/2 cup flour

1/4 tsp salt

1/2 cup milk

2 Tbsp butter

Directions:

1. Preheat oven to 375 degrees.
2. Melt butter in 9x13 baking pan in oven while preheating.
3. Mix eggs and milk, add dry ingredients, and then melted butter.
4. Put in the baking pan and bake 10 minutes at 375 degrees, then 5-10 minutes more at 350 degrees.

Serve with butter and hot maple syrup or fresh berries.